



Chemical Peel Post Treatment Advice

After Treatment

- Apply a sunscreen daily on the face and neck to protect the skin from UV Damage. Wear extra sun protection; hat and sunglasses.
- Limit your time outdoors to reduce sun exposure for 7 to 14 days and/or until skin is fully healed.
- You may experience temporary irritation, redness or slight swelling which usually fades within 72 hours depending on skin sensitivity.
- Do not use glycolic or Retin-A products following the treatment until recommended by your skincare professional.
- Avoid all physical activities that may result in perspiration for 24 hours.
- Do not use saunas or swimming pools for 48-72 hours after treatment.

Should you experience any unexpected side effects or any that concern you, please contact the clinic as soon as possible.

Please ensure you discuss your overall treatment programme with your clinician as this will enable you to receive the best results from treatment.

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