



Microneedling Post Treatment Advice

After treatment

- Immediately after the treatment, your skin will be red and flushed with an appearance like a moderate sunburn. You may experience skin tightness and mild sensitivity to touch to the area being treated. The redness will diminish greatly after a few hours following the treatment and within 24 hours the skin will be generally calmed.
- If you have treatment around your eyes, you may experience micro-bruising lasting for 3-4 days. This can be covered make-up.
- Do not take any anti-inflammatory medications such as: Ibuprofen, Motrin, and Advil. These agents will interfere with the natural inflammatory process that is critical and responsible for skin rejuvenation.
- Avoid excessive exercise for 24-48 hours post procedure to minimize the risk of blistering.
- Within two days following your Microneedling procedure, you will notice skin dryness and flaking. This is due to an increased turnover of skin cells. During this time, we recommend that you apply a hydrating moisturizer.

Please ensure you discuss your overall treatment programme with your clinician as this will enable you to receive the best results from treatment.

Est-Ethics
170 Ingram St
Italian Centre
Glasgow
G11DN

0141 343 24 24
admin@est-ethics.com

www.est-ethics.com

