



### Semi-Permanent Make-up Post Treatment Advice

After treatment your procedure can look a bit darker in the first few days and will scab slightly. The colour will fade 30% by the time they are fully healed.

#### After Treatment

- Keep area away from water for 24 hours.
- To prevent infection do not touch pigmented areas
- Avoid makeup on treated area for 2-4 days post procedure.
- No vigorous exercise for 4/5 days and no warm or wet environments (swimming pools etc.)
- No sun, sunbeds, soap, cleansers or makeup on procedure area, for 7 days or until crust has flaked away, (you may gently wipe with a cotton pad and cool boiled water, not salt or saline)
- No hot showers, saunas, Jacuzzi or swimming in chlorinated pools for 7-10 days, as these will affect the treated areas.
- Remember if crust appears on procedure area DO NOT pick or peel off! Pigment will be removed along with the crust!
- No Brow or lash tinting for at least 14 days

If swelling occurs, you may use ice on the area(s) for 10 minutes every hour. (Ice must be dry, ie, in a bag wrapped in a towel)

Should you experience any unexpected side effects or any that concern you, please contact the clinic as soon as possible.

Please ensure you discuss your overall treatment programme with your clinician as this will enable you to receive the best results from treatment.

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