



Aqualyx Post Treatment Advice

Aqualyx is an injectable solution used to dissolve localised fat deposits in areas such as the hips, saddle bags, thigh, knees jowls and chin. The body then expels the released fatty acids naturally.

The number of treatments required varies depending on the thickness of fat to be removed. Typically 1-3 treatments for small areas (e.g. jowls) and 2-8 treatments for larger areas (e.g. thighs) at six weekly intervals.

Recovery instructions

After treatment the area may redden and swelling and bruising may be experienced.

Aqualyx works by causing an inflammatory reaction in the fat cells which can result in swelling that lasts 3-5 days. This swelling can be obvious when having facial treatments (e.g. chin). During this time you may want to organise time off work / social engagements.

Swelling can be reduced with the use of a cool pack wrapped in a clean cloth and used for a maximum of 20 mins. Do not use any anti-inflammatory tablets for 48 hours. Do not apply make-up or skincare to the treated area for 12 hours - then only use a clean brush or sponge for application until day five.

Avoid:

- Three days - extreme temperatures, swimming pools / spas / saunas.
- 10 days - physical exercise.
- 14 days - laser, cryolipolysis or radiofrequency treatments.

Common side affects:

- Red, tight and itchy skin.
- Swelling. The treated area may feel tender and firm for up to eight weeks after your treatment.

Adverse reaction awareness: Pain and discharge is not normal. If you experience these please call the clinic immediately for advice.

Should you experience any unexpected side effects or any that concern you, please contact the clinic as soon as possible.

Please ensure you discuss your overall treatment programme with your clinician as this will enable you to receive the best results from treatment..

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